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BREAKFAST MENU

Granola (v) @ 8

Greek yoghurt, nuts, coconut, blueberry, strawberry, banana & organic honey

Porridge (v) 🚱 😵 8 Blueberry, strawberry, banana, organic honey & cinnamon

Acai Bowl Granola 8 Acai, banana, almond milk & granola

CAN BE GLUTEN FREE

Gluten Free Bread supplement £1.5 • Add Salad or Avocado for £3

Smoked Salmon, Scrambled Eggs On organic sourdough with salad garnish	12.5	Eggs Benedict Poached eggs, streaky bacon, hollandaise sauce & organic English muffin	12.5
Avocado & Greek Feta on Sourdough Toast (v) With cherry tomato & organic Modena balsamic	13	Eggs Florentine (v) Sautéed spinach, poached eggs, hollandaise sauce &	12.5
Poached Eggs & Avocado (v) With roasted tomato and mix seeds & goji berries on sourdough	12.5	organic English muffin	19.5
Avocado, Egg & Chorizo Smashed avocado on sourdough toast with poached eggs & grilled Spanish chorizo	13.5	Eggs Royale Sustainable smoked salmon, poached eggs, hollandaise sauce & rganic English muffin	13.5
$Egg \& Bacon\ Roll$ Smash avocado, fried egg, streaky bacon, mustard, gherkin & chips	12	Ana Capri (v) Scrambled eggs, mozzarella, tomato, Parma ham, fresh basil sauce on sourdough toast	13

FULL ENGLISH

2 Fried eggs, streaky bacon, sausage, beans, mushrooms, tomatoes & hash brown on sourdough

13.5

VEGGIE (v)

Poached egg, grilled halloumi, smashed avocado, mushrooms, hash brown, grilled tomato, sautéed spinach, beans & sourdough toast

14.5

VEGAN (vg)

Mushrooms, beans, sautéed spinach roast tomato, falafel, smashed avocado vegan sausage & sourdough toast

13.95

SHAKSHUKA (v)

Free range eggs slowly cooked in a fiery tomato sauce, with peppers, spices & feta cheese, served with artisan sourdough

13.5

MEDI BREEZE

Scrambled eggs, spicy beef sucuk, halloumi, feta cheese, filo pastry, tahini molasses, honey, olives & sourdough toast

13.5

13.5

13.5

13.5

FRENCH TOAST (v)

Butter brioche topped with banana, blueberry, strawberries, clotted cream, almond flakes & mapple syrup

13

12.5

12

PANCAKES

Pancakes Fruit (v) Blueberry, strawberry, banana, caster sugar & Canadian organic maple syrup

Nutella (v) Caster sugar with strawberries & banana

American Style Pancakes, scrambled eggs, Cumberland sausage, beans, hash brown, bacon & Canadian organic maple syrup

OMELETTES

Served with salad or chips

Feta cheese, cherry tomatoes, parsley & olives Salmon, Spinach & Cheese Omelette 13.5 Filled with sustainable smoked salmon & spinach **Turkish Omelette** 12.5

Ham & Cheese Omelette Honey roast ham & cheddar cheese

Spicy sausage & cheddar cheese

Greek Omelette (v)

Egg white only supplement £2.00

COFFEES ALLPRESS

Americano	3.3	Mocha	3.8
Espresso	2.3 / 2.5	Hot Chocolate	3.4
Macchiato	2.4 / 2.6	Iced Latte	4.5
Cappuccino	3.6	Chai Latte	4
Flat White	3.6	Matcha Latte	4
Latte	3.6	Turmeric Latte	4

Decaffeinated Available. Soya, Oat, Coconut & Almond Milk Extra 40p.

TEAS

Inglish Breakfast Tea (Decaffeinated Available)	2.8
Organic Rooibos Tea (Decaffeinated)	2.8
Cea Pigs Herbal Teas Samomile Flowers / Peppermint / Darjeeling Earl Grey Mao Feng Green Tea / Jasmine Pearls / Lemon And Ginger	2.8
Ginger + Lemon + Honey or Agave	3.5
Ginger + Mint + Cinnamon + Honey	3.5
Ginger + Echinacea + Honey or Agave	3.5
Mint + Parsley + Pear + Lemon	3.5

OPEN 7 DAYS A WEEK

Monday - Friday 7:30am - 6:00pm Saturday 8:00am - 6:00pm Sunday 8:30am - 6:00pm

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BRUNCH / LUNCH

BURGERS

12.5

Vegan Burger (vg) Plant based burger with none of the bull, fresh tomato, lettuce, avocado & gherkins, served with chips

Halloumi Burger (v) Grilled halloumi cheese, avocado, fresh tomato, lettuce & gherkins, served with chips

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12.5 **Beef Burger Angus** Brioche bun, lettuce, pickled gherkin, tomato, cheese, mayo, onion & chips. Add Bacon £2

> **Chicken Burger** Brioche bun, lettuce, pickled gherkin, tomato, cheese, mayo, onion & chips

13.5

13.5

CHICKEN & AVOCADO SALAD

Grilled chicken breast on salad leaves with tomatoes & house dressing

12.5

CHICKEN CAESER SALAD

With crispy lettuce, parmesan, sourdough toast & Caesar dressing

12.5

SIDE ORDERS

French Fries **Hash Brown** 4 Sautéed Spinach 3 Avocado **Mushrooms** Halloumi / Feta 3.5

KIDS MENU £8

Chicken Breast Nuggets Served with chips & beans

Pancake Strawberry, banana & nutella

SALAD BOX

Selection of more than five different salads every

11.5

MEAL DEALS

Salad Box + Small Juice OR Hot Dish Box + Small Juice

14

HOT DISHES

We have two different hot dishes vegan, chicken prepared daily, served with brown rice & salad

11.5

WRAPS £9.5

All served with mixed salad leaves, cucumber and tomato. Choice of dressing: Pesto / Humus / Chilli

1 - Chicken + Halloumi

2 - Chicken Caeser

3 - Chicken + Avocado + Sundried Tomato

4 - Tuna + Mozzarella Melt

5 - Salmon + Avocado + Mozzarella

6 - Asian Chicken Crunch Breaded chicken & sweet chilli sauce

7 - Scrambled Egg + Avocado + Sundried Tomato (v)

8 - Grilled Veg + Halloumi + Sundried Tomato (v)

9 - Falafel + Veggie + Halloumi (v)

10 - Avocado + Mozzarella + Sundried Tomato (v)

11 - Falafel + Veggie + Spinach (v)

12 - Kofte

Minced lamb, pickled red cabbage, tomato salsa & yoghurt drizzled

ANY WRAP + SMALL JUICE 13.5

This deal only includes juices no 1 to 19 you can upgrade your juice size